## RETROUVAILLE

Do you feel lost, alone or bored in your marriage?

Are you hurt, frustrated or angry with your spouse?

Have you thought about separation or divorce?

Are you constantly fighting or do you simply shut down?

Does talking about it only make it worse?

Have you stopped sharing how you feel?



## Hope is a phone call away...

All enquiries confidential and without obligation:

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www.retrouvaille.org.uk

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